

Achieve Wellness through Mindful Nutrition!

Policies to Protect Your Personal Health Information

Nutritionally Yours is committed to upholding the regulations and guidelines of the Healthcare Information Portability and Accountability Act (HIPPA). We are also committed to maintaining the privacy of your Protected Health Information (PHI). We protect your personal health information we collect about you my maintaining physical, electronic and procedural safeguards that meet or exceed applicable law. The protected information we collect and may disclose about you comes from the following sources:

- Information received from your physician or other healthcare provider
- Information received from you while providing MNT services and on enrollment forms, assessment surveys and other forms
- Information received from other sources such as caregiver, insurer, employer and other third parties

Each client/guardian is provided with a medical release form which allows us to provide PHI to your other health professionals and your insurance company when it is necessary to coordinate your treatment, to obtain payment on your behalf, or for health care operations. Nutritionally Yours is also required or permitted to provide your PHI without additional authorization in the following cases:

- When you or your personal representatives upon request
- When required by the Secretary of the Department of Health and Human Services
- To correctional institutions if you are an inmate
- To help prevent or control communicable diseases
- For reporting abuse, neglect or domestic violence
- For judicial and administrative proceedings

Acknowledgement of Receipt:

Please sign and return this page. Please let us know if you would like a copy of this for your records.

I acknowledge receiving a copy of Privacy Policy of Nutritionally Yours ontoday's date).	
Client Signature (Or Parent/Guardian if client is under 18):	